



Welcome to the 'spring' edition of the Peripatetic Learning Support Service (PLSS) Newsletter.

So What's Hitting the News

'Fit note' approach to employee wellbeing

sick note

To help support people who become ill to return to work as quickly as possible, the Department for Work and Pensions (DWP) has reformed the Medical Statement (the 'sick note'). The new Statement, known as the 'Statement of Fitness for Work', or the 'fit note', came into effect on 6 April 2010.

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The fit note reflects recent medical evidence that shows work can be beneficial for health and wellbeing.

fit note

Under the new fit note system, GPs will be able to advise if a patient "may be fit for work" and will offer advice on the effects of their health condition. Doctors will also have the option to suggest that their patient would be able to work, subject to the employer's agreement, if temporary changes such as reduced working hours or amended duties could be accommodated.

Download
the 'Fitnote'



Employer
Guide

While you won't have to act on the doctor's advice in a 'may be fit for work' statement, it may help you make simple and practical adjustments to help your employee return to work and reduce unnecessary sickness absence.

Did You Know?

- 172,000,000 working days lost through sickness in 2007
- This cost more than £100bn in lost productivity
- 2.6 million people were on incapacity benefits in May 2007
- Absences of 4 days or more account for 40% of days lost
- Nearly six million people in the UK say they have a long-standing health condition

Source: CBI; Black report

Here at **PLSS** we can help to raise awareness of some of the many conditions that can affect the health of your workforce.

Our training programmes are designed to help you understand some of the issues and the solutions that can be employed to improve workforce health and ultimately efficiency and productivity.

We all like to make a positive contribution in whatever we do.

We deliver awareness training programmes that are designed to meet the needs of specific stakeholder groups, including staff working in Education and Training as well as Employers and Employees.

FREE

until the end of June 2010

Contact us **NOW** for more details



We also offer 'one day' training opportunities within each of the key areas that are available to extend the knowledge and understanding gained from the Awareness Training Programmes. While it may be advantageous to have attended the appropriate Awareness Training session, this is not a pre-requisite and participants who feel they have a basic understanding of the key support areas are welcome to attend the programme of their choice.

The programmes are typically one to two hours in duration and are delivered by specialist trainers and staff members. These sessions also provide a good opportunity for discussion, networking and the sharing of ideas.



For more information

Contact:

David



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Each programme is 5 hours in duration (plus 1 hour for refreshments/lunch) and participants will receive a 'Certificate of Achievement' that is jointly recognised by both the Peripatetic Learning Support Service and a National qualification awarding body.

Quarterly Training Calendar

Awareness Training

- ⊕ Blind and Partial Sight
Fully Booked
~~Friday 7th May 2010 @ 1.00pm~~
~~Thursday 3rd June 2010 @ 1.00pm~~
- ⊕ Deaf, Deafened, Hard of Hearing and Deafblind
Fully Booked
~~Thursday 29th April 2010 @ 1.00pm~~
~~Friday 28th May 2010 @ 1.00pm~~
- ⊕ Autistic Spectrum Disorders
Fully Booked
~~Thursday 20th May 2010 @ 1.00pm~~
~~Tuesday 15th June 2010 @ 1.00pm~~
- ⊕ Social, Emotional and Behavioural Difficulties
Fully Booked
~~Thursday 13th May 2010 @ 10.00am~~
~~Thursday 17th June 2010 @ 10.00am~~
- ⊕ Mental Health
Fully Booked
~~Thursday 20th May 2010 @ 10.00am~~
~~Wednesday 9th June 2010 @ 10.00am~~
- ⊕ Dyslexia
Fully Booked
~~Tuesday 4th May 2010 @ 1.00pm~~
~~Tuesday 25th May 2010 @ 10.00am~~

One Day Programmes

- ⊕ Blind and Partial Sight
Monday 21st June 2010
- ⊕ Deaf, Deafened, Hard of Hearing and Deafblind
Tuesday 18th May 2010
Thursday 24th June 2010
- ⊕ Autistic Spectrum Disorders
Monday 14th June 2010
- ⊕ Social, Emotional and Behavioural Difficulties
Tuesday 29th June 2010
- ⊕ Mental Health
Thursday 27th May 2010
- ⊕ Dyslexia
Tuesday 22nd June 2010

You can reserve your place online at:

www.plss.tv

or by calling David on 01740 665157

Remember...



Please contact us for all bespoke options so that we can tailor our delivery models to your specific needs.

Either in our training facilities at Wynyard Park or at your place of work.



Powering positive learning support

NEW

Disability Awareness

Equality & Diversity Awareness

With 1 in 5 people now having some kind of a disability, you are likely to know someone either in your own family, in your workplace or in your child's school who has a known condition such as Cerebral Palsy, Dyspraxia, Dyslexia or Autism.

Indeed, with roughly 18% of the work force now recognised as having a disability, coupled with changes in legislation, it is important to make your workforce aware of the potential individual needs of colleagues and employees.

Participating in this workshop, you will learn about some of the issues that you may face in the workplace relating to disability. Through discussion and the development of ideas and knowledge, you will be able to form strategies that can be used to assist visitors or work colleagues that have particular difficulties. The course will also highlight some of the stigmas faced by disabled people and underpin why it is important to identify and support people in the workplace.

Key outcomes:

- ⊕ Understand some of the key terms relating to Disability
- ⊕ Learn techniques and strategies that can be adopted within your workplace
- ⊕ Understand the fundamentals of disability legislation
- ⊕ Understand the different models of disability

Working in industry, commerce or in education, you will constantly come across the term "Equality and Diversity".

We now work in a diverse society, where we are constantly confronted with images, stories and questions about our views towards religion, disability, gender, age, sexual orientation or race.

Through this workshop, you will learn about some of the issues that you may encounter in the workplace in relation to equality and diversity.

You will also develop new skills and knowledge that can be put into practice by yourself or with your team to support and promote working with different groups in society, as well as improving equality and diversity within in your own work environment.

Key learning outcomes:

- ⊕ Understand some of the key terms relating to Equality and Diversity
- ⊕ Learn techniques and strategies that can be adopted within your workplace
- ⊕ Understand the basics of equality legislation
- ⊕ Use the knowledge and skills from the workshop to make informed choices when working with people from diverse backgrounds
- ⊕ Learn to Understand the advantages of being an Equality and Diversity responsive organisation

To find out more about these events and to enquire about availability, contact David:

Tel. 01740 665157 or 01642 732374

Email. david@plss.tv

Passionate

about

supporting learning
and skills

north east
england

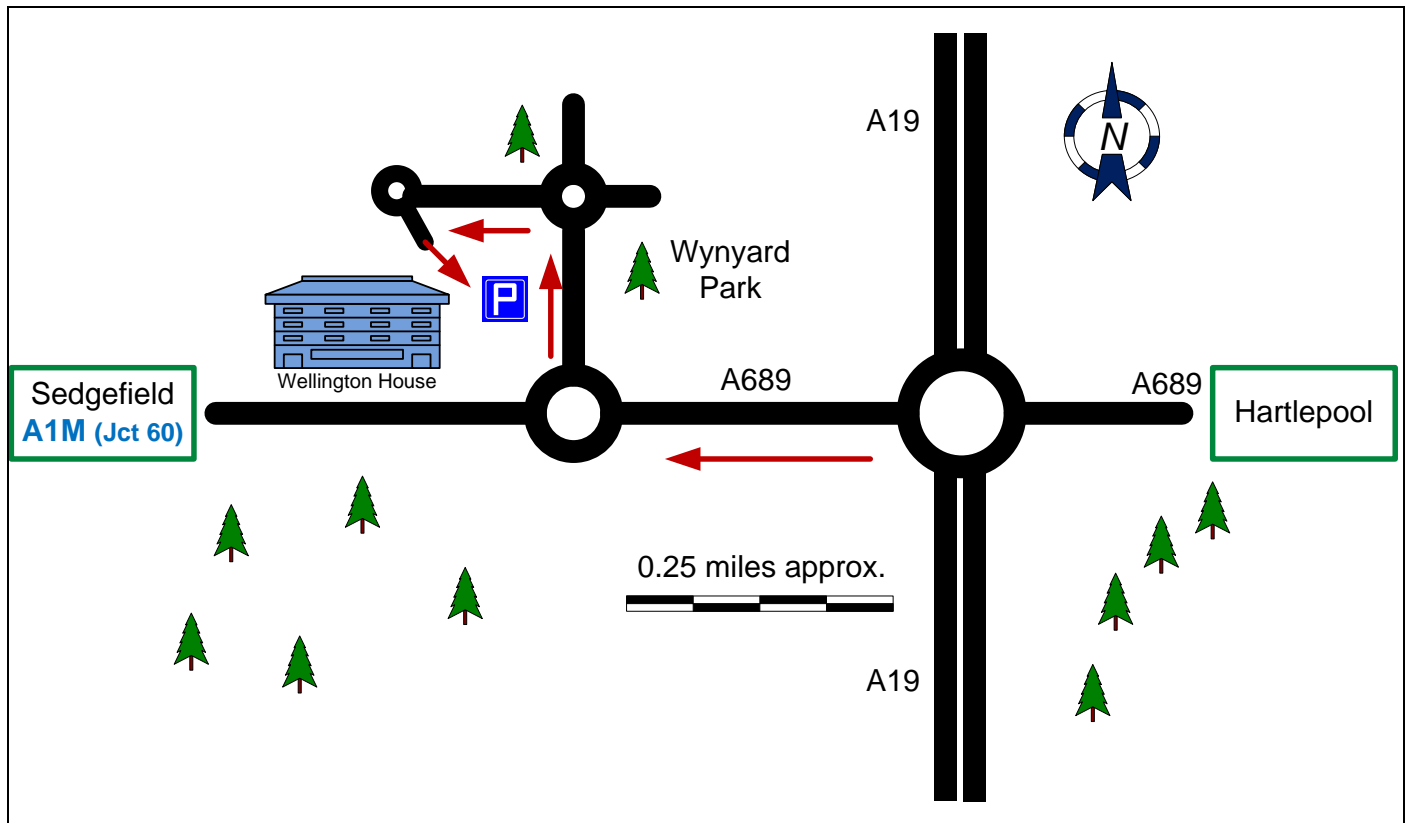
Where to find us



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Driving Directions

From the A19

- Take the A689 exit heading west towards Sedgefield and the A1(M).
- Turn right at the first roundabout into Wynyard Business Park.
- Inside the Park turn left at the first roundabout.
- After 30m take the next left and keep left into the car park.

From the A1(M)

- Take the A689 (Junction 60) exit heading east towards Hartlepool.
- Stay on the 689 and go straight on for the next 4 roundabouts.
- About ¼ of a mile before the A19 turn left at the fifth roundabout into Wynyard Business Park.
- Inside the Park turn left at the first roundabout.
- After 30m take the next left and keep left into the car park.